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Confidence  
Overcoming  
Facing consequences  
Making real decisions  
Thinking under pressure  
Learning for life  
Problem solving  
Friendships  
Planning  
Risk  
Fun  
Action

Frightening  
New places  
Wild  
Quiet  
Imagination  
Relevance  
Frustration  
Confidence  
Fragile  
Safe  
Bad  
Caring  
Empathy  
Sharing  
Strive  
Shy

## Gold Final Expeditions 2019

**Sunday 21<sup>st</sup> July to Thursday 25<sup>th</sup> July.**

### Equipment

Issue and Return - To be arranged. It is your responsibility to check carefully all equipment issued well before departure. It's too late on the first day of your expedition !!

### Travel

Thomas Telford School or EDGE-ucation are not responsible for your travel to and from the start and finish; the trains are a suggestion. Alternative arrangements for travel can be made if preferred.

### Arrangements

You will travel to Conwy on Sunday 21<sup>st</sup> July and stay in the YHA for the evening. It is up to you what time of day you travel, but not too late. Your expedition will start after breakfast on Monday 22<sup>nd</sup> July.

Travel back on Thursday 25<sup>th</sup> July. The most convenient route home is via a bus from your finish point at Beddgelert to Porthmadog station (£3 on bus). Porthmadog is on a different train line to your outward journey so you will need separate outward and return tickets. Buses and Trains run approximately every two hours.

Check card points and phone checks will be given for the whole route at school before you go. It is absolutely critical that these are used, your assessor will use them as a check of progress, they also form an essential part of our risk assessment process. Mark them on your map and enter them as a point of reference on your route sheets.

Mobile phones must be sealed up and not used except in emergencies ( as per D of E guide lines ). I would recommend downloading an app called OS locate, in an emergency this will give your position as a 6 fig grid ref.

### Money !

Meal on Sunday evening ? (or self cater in YHA kitchens)

Overnight accommodation and breakfast at the YHA will already have been booked and paid for prior to the expedition by yourselves/parent pay.

You pay camp site fees - these can vary between £4 and £7 per person per night (allow for two nights as at least one camp is a wild camp).

Bus fare - £3.50

Train fare, check online for prices - Single out from Wolverhampton to Conwy.

Single return from Porthmadog to Wolverhampton.

You may want to buy food on Sunday evening and at your finish point before you travel home.

### Telephone numbers:

07 885 80 1479 - Mr Pugh

07 799 64 8519 - Mrs Pugh

07815 947114 - Mr Baker

e mail - [info@edge-ucationoutdoors.co.uk](mailto:info@edge-ucationoutdoors.co.uk)

**Keep these phone numbers with you at all times. Be prepared to leave a message.**