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## ARRANGEMENTS FOR TRAINING DAYS

2<sup>nd</sup> March / 3<sup>rd</sup> March 2019



Group A - Saturday 2<sup>nd</sup> March.

Group B - Sunday 3<sup>rd</sup> March.

MEET - Thomas Telford School at 9.15 a.m.

RETURN - Approximately 4.30 p.m. - 4.45 p.m.

VENUE - Church Stretton / Long Mynd

AIM - An accompanied day to practise navigation techniques and moving together as a group.

KIT - As checklist for mountain day out. All items are necessary for your own safety and will be checked.

- Spare money.

- Lunch and drink.

- Small rucksack.

- Waterproofs - can be issued on the day.

- As previously stated, boots (with ankle support) are necessary at this stage.

**You will not be allowed to go if you do not have any.**

**EMERGENCY CONTACT NUMBERS - 07815 947114 or 07885801479.**

Please see TTS Home Page/Sport Tweet site in the event of snow.

Action Fun Risk Planning Friendships Problem solving Learning for life Thinking under pressure Making real decisions Facing consequences Overcoming Confidence

Frightening New places Wild Quiet Imagination Relevance Frustration Confidence Fragile Safe Bad Caring Empathy Sharing Strive Shy