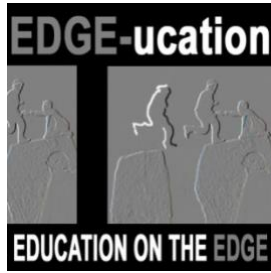


Confidence Overcoming Facing consequences Making real decisions Thinking under pressure Learning for life Problem solving Friendships Planning Risk Fun Action



[www.EDGE-ucationoutdoors.co.uk](http://www.EDGE-ucationoutdoors.co.uk)



**Thomas Telford**  
**Silver Practise Expedition 2019**  
**Friday 28<sup>th</sup> June to Sunday 30<sup>th</sup> June**

**Issue of equipment**

Issue - Wednesday 26<sup>th</sup> June 8.30am. Final planning to 10.15am.  
 Return - Wednesday 17<sup>th</sup> July from 8.0am to 10.00am.

**Travel Arrangements**

Thomas Telford School or EDGE-ucation are not responsible for your travel to the start; the trains are a suggestion. Alternative arrangements for travel can be made if preferred. Check your groups route to confirm travel arrangements and times below.

Route	Start Station	From W-Ton	Arrive	Finish Station	Times from Finish station.
Route 1	Dyffryn Ardudwy	08.43	Dyffryn Ardudwy 12.06approx	Llanbedr	Trains at approx: 12.30, and 14.30 Sunday service.
Route 2	Harlech	08.43	Harlech 12.15approx		
Route 3	Harlech	10.37	Harlech 14.15approx		
Route 4	Llanbedr	10.37	Llanbedr 14.15 approx		

Check online for latest prices and exact times - [www.nationalrail.co.uk](http://www.nationalrail.co.uk)

**Equipment**

Kit list as on checklist for back-packing. Each group must have 2 laminated maps OL 18 Harlech, Porthmadog & Bala. Scale 1: 25 000.

**Money:**

Allow at least £7.00 per night per person for campsite fees and extra for your pocket money.

**The Plan**

This expedition is to put into practice all that you have learnt over the past months, to gain more experience and hopefully learn from any mistakes that you might make.

When you arrive by train you will be met by staff and checked, walk on your own to your first campsite. You will have marked the route from the given smaller 1:50 000 map to your own 1:25 000 map. The next day you will be met by one teacher per group who will help you in the mountainous area to your next campsite, which is a wild camp. The next morning you will be on your own again to navigate to the train station.

**Emergency Numbers - 07885801479 or 07799648519 or 07815947114**

Frightening New places Wild Quiet Imagination Relevance Frustration Confidence Fragile Safe Bad Caring Empathy Sharing Strive Shy