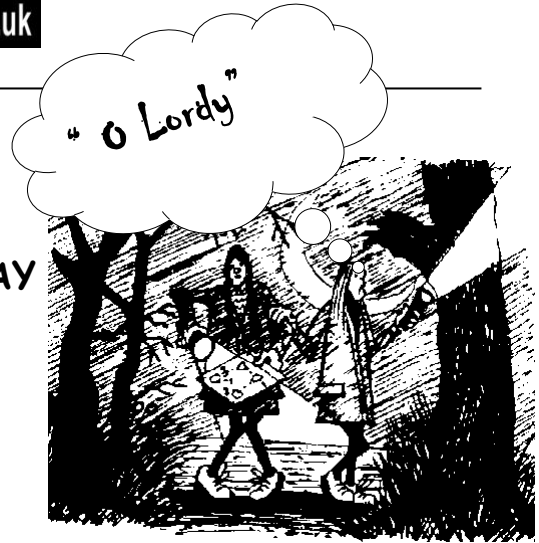


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Silver/Gold D of E Groups

ARRANGEMENTS FOR TRAINING DAY

Saturday 4th May 2019



MEET - Thomas Telford School
at **8.30am**

RETURN - Approximately **5.0 pm**

VENUE - Berwyn/Llangynog Area.

AIM - A day to practise navigation techniques and moving together as a group.
Emergency procedures exercise.
Semi accompanied.

KIT - As checklist for mountain day out. All items are necessary for your own safety, see TTS web site for list.
- Spare money.
- Lunch and drink.
- Small rucksack.
- Waterproofs.

EMERGENCY CONTACT NUMBERS - 07885801479 or 07815 947114.

Please see TTS Home Page/Sport Tweet site in the event of last minute problems such as extreme weather conditions..

Action Fun Risk Planning Friendships Problem solving Learning for life Thinking under pressure Making real decisions Facing consequences Overcoming Confidence

Frightening New places Wild Quiet Imagination Relevance Frustration Confidence Fragile Safe Bad Caring Empathy Sharing Strive Shy